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\*Speaker photos available upon request

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## NEWS RELEASE

### **Attorney Kimberly Stamatelos speaks on the power of compassion in business and leadership**

*Des Moines, Iowa* – The Chrysalis Foundation will feature attorney Kimberly Stamatelos in the final of three Chrysalis Conversations series on Wednesday, May 22, 2019. While attendees enjoy a networking lunch, Stamatelos will share about the struggles she faced rising up after experiencing “failure”, as a woman in a once male-dominated profession and her ongoing mission to educate others on the power of compassion in business and leadership. The event will be held at the Wakonda Club in Des Moines from 11:30 a.m. to 1 p.m.

Frustrated with the prevailing philosophy that aggression and conflict produced the best legal results, Stamatelos refocused her approach to practicing law. Integrating compassion and mediation, she has proven through her successful practice and outlined in her book, “The Compassionate Lawyer”, that attorneys - and all professionals - can be compassionate and highly effective at the same time.

Chrysalis presents Stamatelos in honor of the organization’s 30<sup>th</sup> anniversary and the contributions of its co-founder, attorney Barbara Barrett. A powerhouse in her own rite, Barrett’s leadership, tenacity, and wisdom sparked passion in others, influencing the community to join her to create lasting change.

Guests are encouraged to bring a colleague or mentee to share inspiration on women leading change. For more information and to register, visit [chrysalisfdn.org](http://chrysalisfdn.org).

Throughout 2019, Chrysalis is celebrating three decades of ensuring that girls and women have opportunities to grow, learn, contribute and transform Central Iowa. Through the anniversary theme of “Leading Legacies,” Chrysalis will host various events to honor its history and the

passion of the women who started the foundation, inviting audiences to hear from inspiring leaders of today, and inviting mentorship for future legacies in the making.

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### **About Chrysalis Foundation**

As a public charity, Chrysalis was founded to ensure the safety, security, education, and economic empowerment of all girls and women in central Iowa. Today, Chrysalis continues to raise funds, deliver grants, lead programs and educate the community through the support and participation of local partners, schools, colleges, donors and volunteers. Thousands of girls have participated in Chrysalis After-School programs since it began in 1998, and tens of thousands have benefitted from the work of agencies partnering with Chrysalis for more than 30 years.