

GirlPower Peer Mentor – Student Job Description

Be a leader. Make an impact. Build skills for your future.

Why This Role Matters

GirlPower Peer Mentors help younger students learn what healthy relationships look like in real life. Through conversations, activities, and shared experiences, mentors teach skills like self-confidence, communication, and setting boundaries. These lessons help participants make safe, respectful choices now and as they grow.

As a Peer Mentor, you are not just teaching lessons. You are helping create a space where students feel seen, supported, and empowered.

Who You'll Work With

GirlPower Peer Mentors work in small teams and are supported by Chrysalis Foundation staff throughout the year.

Reports to: Brooke Findley, Deputy Director, Chrysalis Foundation

Time Commitment

This role takes place during the 2025–2026 school year and includes:

- Attend at least 90% of training and planning meetings
- 10 training sessions, each 60 minutes long
- Teach two 5-week curriculum sessions (90 minutes per session) in Spring 2026
- Approximately 8 hours of independent preparation spread across the year

What You'll Do

- Co-teach two 5-week GirlPower sessions at Chrysalis After-School sites
- Work as part of a mentor team (you will never teach alone)
- Actively participate in trainings and share ideas
- Help review and improve GirlPower lessons
- Communicate respectfully and on time with Chrysalis staff
- Encourage future students to apply
- Represent the values of GirlPower and Chrysalis

Who Can Apply

- High school students who identify as young women
- Strong school attendance and academic effort
- Enjoy working with others and being part of a team
- Reliable transportation (public transportation is acceptable)

- Regular access to email and ability to respond within 48 hours

Why This Matters

Middle and high school years are critical for learning how to build healthy relationships, communicate clearly, and develop confidence. Many young people do not have consistent opportunities to talk openly about boundaries, respect, and self-worth.

GirlPower creates space for these conversations, led by peers who understand what it is like to be their age. Peer Mentors help normalize healthy communication and create positive ripple effects that extend beyond the classroom.

What You Will Gain

- Leadership experience that builds confidence
- Public speaking and group facilitation skills
- A deeper understanding of healthy relationships and boundaries
- Strong teamwork and collaboration skills
- Meaningful community service hours
- Resume- and application-ready experience
- References available upon successful completion of the program
- The satisfaction of making a real difference in the lives of younger students

Information for Parents & School Staff

About GirlPower

GirlPower is a peer-led healthy relationships program of the Chrysalis Foundation. The program is grounded in evidence-informed practices and focuses on building self-esteem, communication skills, and emotional awareness in a supportive, age-appropriate environment.

Benefits for Students

- Leadership and communication skill development
- Increased confidence and emotional intelligence
- Experience working with younger students
- Stronger responsibility and time-management skills
- Positive engagement in school and community

Safety & Supervision

- All sessions take place within Chrysalis After-School settings
- Peer Mentors work in teams and are supported by Chrysalis staff
- Curriculum is structured, reviewed, and guided by adult facilitators

Commitment & Expectations

Peer Mentors are expected to attend trainings, arrive prepared, and communicate proactively when conflicts arise. This structure supports a high-quality experience for both mentors and participants.

GirlPower Peer Mentor Application

Student Name: _____

Preferred Name: _____

School: _____ Grade: _____

Email Address: _____

Phone Number: _____

Parent/Guardian Name: _____

Parent/Guardian Email: _____

Parent/Guardian Phone: _____

Why are you interested in becoming a GirlPower Peer Mentor?

Describe a strength you would bring to this role:

Are you able to commit to the time requirements for the 2025–2026 school year?

Yes No

Student Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____